



Level Three Certificate Bike Ed on-road cycling

has successfully demonstrated safe, skilful cycling
under supervision on roads in the local area.

Instructor's signature

Date

School/Organisation

A note to parents/carers

- This certificate does not guarantee your child's ability to ride on-road.
- Ways in which you can help your child to be a safer bicycle rider are listed on the back of this certificate.



Level Three Certificate

Bike Ed on-road cycling

This is the third in a series of three certificates which recognise completion of key components of the Bike Ed program.

This certificate is awarded for demonstrating safe and skilful cycling in a supervised on-road environment. This on-road experience in the local environment requires demonstration of skills learned throughout the program.

Skills and knowledge demonstrated include:

SKILLS

- driveway and kerbside rideouts
- riding in a straight line
- riding single file and in pairs
- turns at intersections
- negotiating roundabouts
- riding in a variety of road conditions.

KNOWLEDGE

- road rules
- cycling procedures.

How to help your child be a safer bicycle rider

Note: Please review the advice on the Level One and Two Certificates

- Go riding with your child and identify hazards in the local area. Together work out a plan to avoid these hazards where possible or negotiate them more safely. This could include planning safe routes to school, sporting activities etc.
- **Night riding of a bicycle should be avoided.**
- If it is necessary for your child's bicycle to be ridden at night, fit a front and rear light. Ensure the bicycle also has a red reflector visible from the rear. Yellow wheel and pedal reflectors improve the bicycle's visibility and are recommended. A retro-reflective vest should also be worn.
- **Road safety authorities recommend that children under the age of twelve should not be permitted to ride in any traffic environment without the supervision of an adult.**