

## Looking After Our Mates

### Information session

Looking After Our Mates is an interactive drink/drug driving information presentation about responsible driving and looking after each other.

The presentation is aimed at young adults in Year 12 or equivalent in a school or sports club setting, and can be run in 30 or 45 minutes sessions.

Presentations are held at a venue of your choice and at a time that is suitable for you and your members or participants.



The 'Looking After Our Mates' program teaches young people to plan ahead and look out for one another.

### Who are the sessions for?

The session suits young adults in Year 12 or equivalent in a school or sports club setting.

### What is covered in each session?

- Information about drug and drink driving as road safety issues.
- The laws regarding drug and drink driving.
- Strategies that can be used to avoid drug and drink driving.

### Did you know?

P-plate holders have more than double the risk of being involved in a fatal crash.

Alcohol is a major factor in road deaths in Victoria, with approximately 25% of drivers killed in road crashes having a BAC of .05 or greater.

At a BAC of .05, your risk of being involved in a road crash is double compared with a BAC of zero.

Random drug testing in Victoria shows that one driver in 48 tests positively to the presence of illicit drugs.

### What are the benefits of holding a session?

Holding a Looking After our Mates session will equip your participants with information which can help them to make informed decisions.

### How to book

To book a Looking After Our Mates session contact the Community Programs Coordinator on (03) 9854 2242.

For more information visit the VicRoads website [vicroads.vic.gov.au](http://vicroads.vic.gov.au).